

## SLIDING SCALE INSULIN

### Using Lantus Insulin

Check blood sugar every morning

-if bs is greater than 200, increase Lantus by 5u

-if bs is 151-200, increase Lantus by 3u

-if bs is 100-150, no change in dose

-if bs is less than 100, lower Lantus dose by 5u

### Using Novolog Insulin

Check blood sugar twice a day

-Fasting blood sugar in the morning (35u currently)

-Blood sugar before supper is controlled by AM insulin (10u)

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-Novolog 35u insulin at bed time controls bs in AM

-if bs is greater than 200, increase insulin at bedtime by 5u

-if bs is 150-199, increase by 3u

-if bs is 100-149, no change in dose

-if bs is less than 100, decrease insulin by 5u